

Find Child Care

Learn more at
illuminateColorado.org
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Everyone wants the best for their child.

Many parents, caregivers and families struggle to manage life's challenges and the demands of raising children.

You are not alone.

Before beginning to address complex issues impacting their family, like mental health concerns, substance use disorders, or employment challenges, **too often parents struggle to find child care and support.**



Let Us Support You in Your Treatment and Recovery.



Illuminating Colorado is partnering with local substance use disorder treatment providers to **increase access to child care** for parents and caregivers navigating complex life situations as they seek to strengthen their families.



→ **Colorado Shines** provides support in both English and Spanish to find licensed, quality child care.



Call 1-877-338-CARE (2273) to talk with a Colorado Shines navigator Monday - Friday, from 8:00 a.m. to 5:00 p.m. or visit coloradoshines.com.



→ **No judgment here.** Choosing a someone to take care of your child in a world of limited options is real part of parenting.



Visit SmartChoiceSafeKids.org to get basic guidelines and good questions for you to ask to help ensure your child will be safe and well cared for in your absence.



→ **We need each other.** Circle of Parents® groups are friendly, supportive communities led by parents and other caregivers, where parents are the experts.



Visit CircleOfParentsCO.org to find a list of Circle of Parents in Recovery groups meeting weekly and connect with other parents who want to grow their networks.